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Nota di bibliografia	Includes bibliographical references (p. [144]-151) and index.
Nota di contenuto	Front cover; Half title; Title; Copyright; Contents; Series editor's preface; Acknowledgements; Introduction; Part 1 Reviewing the field; Chapter 1 Identity, individualism and risk; Chapter 2 Civilization, informalization and distinction; Chapter 3 Power, resistance and discipline; Chapter 4 Consumption, gender and the fashion-beauty complex; Part 2 Rethinking reflexive embodiment; Introduction to part two; Chapter 5 Obesity crisis; Chapter 6 Blind spots, the absent body and being-for-other; Chapter 7 I, me and the other; Chapter 8 Reflexive body techniques and social networks Chapter 9 Mapping reflexive embodiment Conclusion; References; Index; Back cover
Sommario/riassunto	Explores the concept of reflexive embodiment, how we, as embodied beings, reflect upon our own embodiment. This book considers the ways in which we modify and maintain our bodies, from brushing our teeth and washing our face through to tattooing and bodybuilding. It also evaluates competing claims on embodiment and suggests alternative approaches.

