

1. Record Nr.	UNINA9910451258903321
Autore	Walsh Margaret <1942, >
Titolo	Making connections : total body integration through Bartenieff fundamentals / / Peggy Hackney ; illustrated by Mary Konrad Weeks
Pubbl/distr/stampa	London ; ; New York, New York : , : Routledge, , [2002]
ISBN	1-003-07831-1 1-000-10017-0 1-135-30066-6 1-135-30067-4 90-5699-592-8 1-138-99551-7 1-280-07894-4 0-203-21429-3
Edizione	[Reissue]
Descrizione fisica	x, 277p
Disciplina	615.82
Soggetti	Movement therapy Dance therapy Bartenieff Fundamentals (Service mark) Kinesiology Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references (p. 247-248) and index.
Nota di contenuto	chapter 1 Personal Memories of Irmgard Bartenieff -- chapter 2 What Is Fundamental? -- chapter 3 Why Return to Fundamental Patterns? -- chapter 4 What Is Bartenieff Fundamentals? What Is Its Goal/Core? -- chapter 5 What Are Principles of Bartenieff Fundamentals? -- chapter 6 Breath -- chapter 7 Core-Distal Connectivity -- chapter 8 Head-Tail Connectivity -- chapter 9 Upper-Lower Connectivity -- chapter 10 Body-Half Connectivity -- chapter 11 Cross-Lateral Connectivity -- chapter 12 Integration.
Sommario/riassunto	Human movement influences an individual's perceptions and ability to interact with the world. Through exercises, illustrations, and detailed anatomical drawings, this remarkable book guides the reader toward

total body integration. An experimental approach to movement fundamentals involving the patterning of connections in the body according to principles of efficient movement, the process of total body integration encourages personal expression and full psychological involvement.
