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Titolo	Dialectical behavior therapy with suicidal adolescents [[electronic resource] /] / Alec L. Miller, Jill H. Rathus, Marsha M. Linehan ; foreword by Charles R. Swenson
Pubbl/distr/stampa	New York, : Guilford Press, c2007
ISBN	1-281-12428-1 9786611124281 1-59385-661-X
Descrizione fisica	1 online resource (368 p.)
Altri autori (Persone)	RathusJill H LinehanMarsha
Disciplina	616.89/142
Soggetti	Dialectical behavior therapy Teenagers - Suicidal behavior Teenagers - Mental health Self-destructive behavior Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 317-335) and index.
Nota di contenuto	Suicidal behaviors in adolescents: who is most at risk? -- What do we know about effective treatments for suicidal adolescents? -- Dialectical behavior therapy: treatment stages, primary targets, and strategies -- DBT program structure: functions and modes -- Dialectical dilemmas for adolescents : addressing secondary treatment target -- Assessing adolescents: suicide risk, diagnosis, and treatment feasibility -- Orienting adolescents and families to treatment and obtaining commitment -- Individual therapy with adolescents -- Including families in treatment -- Skills training with adolescents -- Assessing progress, running a graduate group, and terminating treatment -- Program issues.
Sommario/riassunto	Filling a tremendous need, this highly practical book adapts the proven techniques of dialectical behavior therapy (DBT) to treatment of multiproblem adolescents at highest risk for suicidal behavior and self-injury. The authors are master clinicians who take the reader step by

step through understanding and assessing severe emotional dysregulation in teens and implementing individual, family, and group-based interventions. Insightful guidance on everything from orientation to termination is enlivened by case illustrations and sample dialogues. Appendices feature 30 mindfulness exerc

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