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Nota di contenuto

Front Cover; Half-title; Title Page; Copyright Page; Dedication; Contents; Foreword; Acknowledgements; Introduction; Participant vignettes; Chapter 1: The current context of men's health and the role of masculinities; Chapter 2: Conceptualizing health and well-being; Chapter 3: Embodied masculinities and health; Chapter 4: Men, relationships, emotions and health; Chapter 5: Men engaging with health care; Chapter 6: Some conclusions; References; Index; Back Cover

Sommario/riassunto

Offers an interdisciplinary exploration of the links between men, health policy, gender and masculinity. This book offers guidance for practice for those working in the health field looking to understand and improve men's health. It considers how men conceptualize health and the importance of relationships and emotions in men's health practices.
