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Autore	Grahl Gary A
Titolo	Skinny boy [[electronic resource]] : a young man's battle and triumph over anorexia / / by Gary A. Grahl
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Nota di contenuto	Contents; Introduction; 1. Sign of the Obsession; 2. Helpless; 3. The Ride; 4. And Your Name is...?; 5. The Iron Giant; 6. The Fifty Cent Tour; 7. Chandra; 8. Group Therapy; 9. Atalanta The Private Investigator; 10. O. T.; 11. Scrabble; 12. The Doctor is In(sane); 13. Send the Alternate; 14. The Battle of O. T., 1986; 15. What about Bob?; 16. My Free Get-Out-of-Prom Card; 17. Chandra's Discharge; 18. My Post-Prom; 19. Let's Play Hide the Tunafish--Twice; 20. D-Day; 21. Illusion Theories for All Occasions; 22. The Letter; 23. Bacon Anyone?; 24. And the Award For Best Actor Goes To... 25. Am I Ever Glad To Smell You26. One Sharp Package?; 27. Back So Soon?; 28. Dr. Buckmier's Warning; 29. Wet Dream; 30. Can't You See the "No Trespassing" Sign?; 31. The Power of YOU; 32. An Idol Visit; 33. The Warning; 34. The Infatuation Begins; 35. Busted; 36. Ariel's Lessons: Girls 101; 37. The Elevator Ride to Heaven; 38. Bad News; 39. Musical Toast; 40. The Session; 41. Courage; 42. Trash IT; Epilogue; Acknowledgement
Sommario/riassunto	Gary Grahl was both handsome and popular, a boy whose athletic abilities attracted the attention of the big leagues . . . until ""IT,"" a shaming inner-voice that convinced him to be ever thinner. His out-of-control compulsion to exercise and starve himself led to multiple

hospitalizations, and a life and death battle to win control over the pervasive and dangerous "IT." "Skinny Boy is a powerful story showing how anyone can win the internal battle between mind and body, and triumph over the out-of-control thoughts and feelings common to many mental disorders. Sk
