

1. Record Nr.	UNINA9910450893703321
Autore	Wallin David J
Titolo	Attachment in psychotherapy [[electronic resource] /] / David J. Wallin
Pubbl/distr/stampa	New York, : Guilford Press, c2007
ISBN	1-281-12369-2 9786611123697 1-59385-656-3
Descrizione fisica	1 online resource (384 p.)
Disciplina	616.8917
Soggetti	Attachment behavior Object relations (Psychoanalysis) Psychotherapy Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 339-354) and index.
Nota di contenuto	Attachment and change -- The foundations of attachment theory -- Mary Main : mental representations, metacognition, and the adult attachment interview -- Fonagy and forward -- The multiple dimensions of the self -- The varieties of attachment experience -- How attachment relationships shape the self -- Nonverbal experience and the "unthought known" : accessing the emotional core of the self -- The stance of the self toward experience : embeddedness, mentalizing, and mindfulness -- Deepening the clinical dimension of attachment theory : intersubjectivity and the relational perspective -- Constructing the developmental crucible -- The dismissing patient : from isolation to intimacy -- The preoccupied patient : making room for a mind of one's own -- The unresolved patient : healing the wounds of trauma and loss -- The nonverbal realm I : working with the evoked and the enacted -- The nonverbal realm II : working with the body -- Mentalizing and mindfulness : the double helix of psychological liberation.
Sommario/riassunto	This eloquent book translates attachment theory and research into an innovative framework that grounds adult psychotherapy in the facts of childhood development. Advancing a model of treatment as

transformation through relationship, the author integrates attachment theory with neuroscience, trauma studies, relational psychotherapy, and the psychology of mindfulness. Vivid case material illustrates how therapists can tailor interventions to fit the attachment needs of their patients, thus helping them to generate the internalized secure base for which their early relationships provide
