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Autore	Cramer Phebe
Titolo	Protecting the self [[electronic resource] ] : defense mechanisms in action // Phebe Cramer
Pubbl/distr/stampa	New York, : Guilford Press, c2006
ISBN	1-281-12325-0 9786611123253 1-59385-528-1
Descrizione fisica	1 online resource (399 p.)
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Soggetti	Defense mechanisms (Psychology) Defense mechanisms (Psychology) - Testing Psychology, Pathological Electronic books.
Lingua di pubblicazione	Inglese
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 349-372) and index.
Nota di contenuto	CONTENTS; PART I. Defenses in Everyday Life; CHAPTER 1 Introduction; CHAPTER 2 Development of Defenses; PART II. A Closer Look at Three Defenses; CHAPTER 3 Denial; CHAPTER 4 Projection; CHAPTER 5 Identification; PART III. Defense Mechanisms in Action; CHAPTER 6 Defenses in Childhood: Stress and Psychopathology; CHAPTER 7 Stress and Defense Use in Adulthood; CHAPTER 8 Defenses and Personality; CHAPTER 9 Gender Differences and Defenses; CHAPTER 10 Studying Defenses over Time: Longitudinal Studies; PART IV. Defenses and Psychopathology CHAPTER 11 Defenses and Psychopathology in Adult Community and Student Samples CHAPTER 12 Defense and Psychopathology in Adult Psychiatric Patients; CHAPTER 13 Defenses and Psychotherapy; CHAPTER 14 Case Studies; PART V. Assessment of Defenses; CHAPTER 15 Explaining the Defense Mechanism Manual; CHAPTER 16 Other Approaches to Assessing Defense Mechanisms; Notes; References; Index
Sommario/riassunto	Integrating theory, research, and practical applications, this timely book provides a comprehensive examination of defense mechanisms

and their role in both normal development and psychopathology. The author describes how children and adults mobilize specific kinds of defenses to maintain their psychological equilibrium and preserve self-esteem, particularly in situations of trauma or stress. Many lucid examples illustrate what these mechanisms look like in everyday life; the impact of age, gender, and personality differences; what happens when defenses are used maladaptively; and how the

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