

1. Record Nr.	UNINA9910450858103321
Autore	Cohn Anthony (Anthony Simon), <1966->
Titolo	Constipation, withholding and your child [[electronic resource]] : a family guide to soiling and wetting // Anthony Cohn
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley Publishers, 2007
ISBN	1-280-92960-X 9786610929603 1-84642-562-X
Descrizione fisica	1 online resource (114 p.)
Disciplina	618.92/3428
Soggetti	Constipation in children Fecal incontinence in children Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	COVER; Constipation, Withholding and Your Child; Contents; Introduction; Mr Poo - A Children's Story About Constipation and Stool Withholding; The Life Cycle of the Stool -From Food to Poo; How Can You Tell If It's Normal or Not?; It's Not Constipation -It's Stool Withholding; Are We Missing Something Serious?; What Are the Signs of Stool Withholding?; It's Not a Wee Problem - Constipation and Urinary Problems; This is Not a Book About Toilet Training, but...a Few Tips; The Holy Grail - Sensible Use of the Toilet; Milk, Water and Fibre; Which Method?; Medication for Constipation; Soiling (Encopresis) Wetting (Enuresis) Bedwetting and Medication; If Things Don't Go According to Plan - Theories and Strategies for Improving Results; Happy Families...and Real Ones; Children with Other Issues; Schools; APPENDIX: A HIGH FIBRE DIET; CONTACTS AND FURTHER INFORMATION; INDEX
Sommario/riassunto	The book examines the different causes of toileting problems, and provides practical techniques and strategies to help children overcome these problems. It emphasises the importance of diet and gives advice on how to make using the toilet less frightening, the benefits of keeping a stool diary, and what medication to use in different

circumstances.
