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Altri autori (Persone)	EvansEmma RodhamKaren
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Nota di contenuto	COVER; By Their Own Young Hand:Deliberate Self-harm andSuicidal Ideas in Adolescents; Contents; Acknowledgements; Chapter 1 Introduction and Overview; Part 1 The Nature of Deliberate Self-harm in Adolescents; Chapter 2 Investigating Deliberate Self-harm in Adolescents; Introduction; Clinical versus community-based studies; The rationale for a school-based study; Aims of the project; Choosing an appropriate method of data collection; Developing the questionnaire; Testing the questionnaire; Sample of school pupils; Issues of consent; How we implemented the study; Safety-net arrangements SummaryChapter 3 The Nature, Prevalence and Impact of Deliberate Self-harm and other Suicidal Phenomena in Adolescents; Introduction; Deliberate self-harm; Attempted suicide; Thoughts of self-harm; Suicide threats and plans; Methods used in acts of deliberate self-

harm; The motivation behind deliberate self-harm; Premeditation; Repetition of deliberate self-harm; Hospital presentation; Impact of deliberate self-harm; Summary and implications; Chapter 4 How Do Adolescents who Deliberately Self-harm or Have Thoughts of Self-harm Differ from other Adolescents?; Introduction; Gender; Age; Ethnicity

International differences Psychosocial and health characteristics of adolescents who deliberately self-harm or have thoughts of self-harm; Summary and implications; Chapter 5 Adolescents' Help-seeking, Coping Strategies and Attitudes and Their Relevance to Deliberate Self-harm; Introduction; Help-seeking, communication and coping; Recognition of problems and the need for help; Coping strategies employed by adolescents; Talking to others; To whom did adolescents who engaged in deliberate self-harm turn for help?; What stopped adolescents from seeking help?

Did adolescents who had thoughts of self-harm seek help? Attitudes towards young people who engage in deliberate self-harm; Attitudes towards contacting helping agencies; Summary and implications; Part 2 Prevention and Treatment of Deliberate Self-harm in Adolescents; Chapter 6 Schools and Deliberate Self-harm; Introduction; Why base prevention strategies in schools?; What approaches have been used in schools?; Primary prevention; Secondary prevention; Tertiary prevention: dealing with the aftermath; Summary and implications; Chapter 7 The Health Service and Deliberate Self-harm; Introduction General practitioner services General hospital emergency services; Assessment of adolescents who have deliberately self-harmed; Treatment options following deliberate self-harm; Summary and implications; Chapter 8 Self-help, Crisis Lines, the Internet and the Media and Deliberate Self-harm; Introduction; Self-help books; Confidential telephone services; The Internet; The Media; Summary and implications; Chapter 9 Conclusions and Looking to the Future; Concluding comments; Appendix I Guidelines Used in the Schools Study for Categorising Respondents' Descriptions of Deliberate Self-harm Appendix II Information Sheet Given to Participants After Completing the Questionnaire

Sommario/riassunto

The authors identify the risk and protective factors for self-harm, exploring why some adolescents with suicidal thoughts go on to harm themselves while others do not, what motivates some young people to seek help, and whether distressed teenagers feel they receive the support they need.