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Collana	Nutrition and food science ; ; v. 35, no. 5
Altri autori (Persone)	BladesMabel
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Note generali	Description based upon print version of record.
Nota di contenuto	<p>CONTENTS; EDITORIAL BOARD; Editorial; Healthy lifestyle project for overweight and obese children: a pilot study; Effects of an over-the-counter herbal weight management product (Zotrim1) on weight and waist circumference in a sample of overweight women: a consumer study; Predictors of physician overweight and obesity in the USA: an empiric analysis; Modern diets converging: the move to low GI/GR diets; Low levels of cholesterol/ saturated fat index (CSI) in a Japanese-Brazilian diet; Diet, lifestyle factors and symptoms of premenstrual syndrome</p> <p>Nutritional profiling vs guideline daily amounts as a means of helping consumers make appropriate food choicesFunctional foods and nutraceuticals in the management of obesity; The potential role of peanuts in the prevention of obesity; Waist to height ratio and the Ashwell1 shape chart could predict the health risks of obesity in adults and children in all ethnic groups; Food facts; Conference reports; Book reviews</p>
Sommario/riassunto	This e-book focuses on obesity from a number of perspectives and features international articles from the UK, USA, Canada, Australia and Brazil. Obesity is considered by the World Health Organisation to constitute a worldwide epidemic. The release of this e-book coincides

with the National Obesity Forum conference held in London, October 2005.
