

1. Record Nr.	UNINA9910450714303321
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Titolo	Reporting in counselling and psychotherapy : a trainee's guide to preparing case studies and reports // Linda Papadopoulos, Malcolm C. Cross and Robert Bor
Pubbl/distr/stampa	Hove, East Sussex ; ; New York : , : Routledge, , 2003
ISBN	1-134-57390-1 1-138-16872-6 0-203-38038-X 1-280-07230-X 9786610072309
Descrizione fisica	1 online resource (241 p.)
Classificazione	77.72
Altri autori (Persone)	BorRobert CrossMalcolm C. <1966->
Disciplina	808/.066152
Soggetti	Psychiatry - Authorship Psychiatry Report writing Neuropsychological report writing Psychiatric records Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	A first session using the systemic approach -- CBT as applied to anxiety: a process report -- Achieving growth and change through the application of an integrative theoretical approach to address multiple client difficulties -- Locating the locus of evaluation: the subtle processes of person-centred counselling -- The use of CBT with complex client issues: accessing schemas -- Walking back to happiness: a couple's incongruent perception of chronic illness -- Treating the family: a process report on systemic therapy -- A case study of an intervention with a client suffering from intrusive thoughts and traumatic grief -- REBT: the case of Richard -- Using CBT to address guilt over sexual fantasies: a process report -- Treating co-

morbidity in an NHS context: a CBT approach -- Historical truths versus a sense of integrity: developing a frame of mind to enable letting go -- Depression: a case study -- Working with children: a communicative approach -- Substance abuse: treatment using personal construct psychology -- When things go the therapist's way: the case of Sarah -- Client case study: a first attempt at psychodynamic individual therapy -- How not to write a client report: discussing common errors a trainee makes.

Sommario/riassunto

Trainee therapists need to show practical competence through the production of client reports and case studies. Reporting in Counselling and Psychotherapy is a unique hands-on guide to this element of practical work. Using clinical examples to guide the reader, and a detailed analysis of case study and process report writing, it will show how to present clear, concise and properly presented reports. The book will be an invaluable tool, not only for those embarking on practical training in psychotherapy, counselling and psychology, but also for trainers in these areas and for clinician
