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Nota di contenuto	PART I: CAUSES: Measurement and definition / Tim J. Cole and Marie Françoise Rolland-Cachera -- Epidemiology / Michele Guillaume and Inge Lissau -- Molecular and biological factors with emphasis on adipose tissue development / Martin Wabitsch -- Nutrition / Marie Françoise Rolland-Cachera and France Bellisle -- Physical activity / Yves Schutz and Claudio Maffei -- Psychosocial factors / Andrew J. Hill and Inge Lissau -- PART II: CONSEQUENCES: Clinical features, adverse effects and outcome / Karl F.M. Zwiauer, Margherita Caroli, Ewa

Malecka-Tendera and Elizabeth M.E. Poskitt -- The obese adolescent / Marie-Laure Frelut and Carl-Erik Flodmark -- Prader--Willi and other syndromes / Giuseppe Chiumello and Elizabeth M.E. Poskitt -- Hormonal and metabolic changes / Ewa Malecka-Tendera and Denes Molnar -- Risk of cardiovascular complications / David S. Freedman, Sathanur R. Srinivasan and Gerald S. Berenson -- PART III: PREVENTION AND MANAGEMENT: Prevention / Inge Lissau, Walter Burniat, Elizabeth M.E. Poskitt and Tim J. Cole -- Home-based management / Elizabeth M.E. Poskitt -- Dietary management / Margherita Caroli and Walter Burniat -- Management through activity / Jana Parizkova, Claudio Maffeis and Elizabeth M.E. Poskitt -- Psychotherapy / Carl-Erik Flodmark and Inge Lassau -- Drug therapy / Denes Molnar and Eva Malecka-Tendera -- Surgical treatment / Alessandro Salvatoni -- Interdisciplinary outpatient management / Beatrice Bauer and Claudio Maffeis -- Interdisciplinary residential treatment / Marie-Laure Frelut -- The future / W. Philip T. James.

Sommario/riassunto

This book addresses the ever increasing problem of obesity in children and adolescents, the long-term health and social problems that arise from this, and approaches to prevention and management. Aimed at doctors, and all health-care professionals, it will be of interest to all those concerned with the increasing prevalence of obesity in both the developed and developing world. It covers all aspects of obesity from epidemiology and prevention to recent developments in biochemistry and genetics, and to the varied approaches to management which are influenced by social and clinical need. A foreword by William Dietz and a forward-looking 'future perspectives' conclusion by Philip James embrace an international team of authors, all with first-hand experience of the issues posed by obesity in the young. This comprehensive survey of an important and growing medical problem will help inform, influence and educate those charged with tackling this crisis.
