

1. Record Nr.	UNINA9910450585703321
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Titolo	Talking to my mum [[electronic resource]] : a picture workbook for workers, mothers and children affected by domestic abuse // Cathy Humphreys ... [et al.] ; foreword by June Freeman ; illustrations by Suzan Aral
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley, 2006
ISBN	1-280-73809-X 9786610738090 1-84642-526-3
Descrizione fisica	1 online resource (97 p.)
Disciplina	362.8292
Soggetti	Abused children Victims of family violence Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Cover; Talking to My Mum:A Picture Workbook for Workers, Mothers and Children Affected by Domestic Abuse; Contents; Acknowledgements; Foreword by June Freeman; Introduction and guidance; SECTION 1:EARLY DAYS; 1Me and my mum; 2Your new friends; 3Exploring the place where you live; 4Exploring the refuge; 5Changes I like and things I miss; 6Match the feelings; 7The same and different; 8About safety; SECTION 2:TALKING ABOUT THINGS THAT MATTER; 9Wise ideas from Ollie; 10More about us; 11A story about Nibbles and Prickles; 12Good things and bad things; 13Good times and bad times 14BAS talks about changes in families 15Talking about my dad; 16 Tazimagines a happy time; 17Feelings tree; SECTION 3:MOVING ON; 18Keeping track of my life; 19Moving on; 20Safe hands; 21My space; 22Looking backwards and looking forwards; Certificate; Reflection sheet and feedback form; Conclusion; Useful contacts
Sommario/riassunto	Talking to My Mum is an activity pack for five-eight-year-olds whose families have experienced domestic abuse to help and encourage them

to open up to their mothers about their distressing experiences. The book is full of illustrated worksheets featuring animal characters who encourage the young reader to explore a range of memories.
