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Sommario/riassunto	Building Student Literacy Through Sustained Silent Reading offers a powerful solution for teachers who want to improve their students' reading ability: Let students choose what they read and give them the time to read it. For 27 years, high school teacher Steve Gardiner has used the sustained silent reading (SSR) program in his English classes to help students of all abilities and backgrounds improve their literacy. Gardiner writes with refreshing candor about his own experiences developing a sustained silent reading program. He demonstrates convincingly that giving students 15 minutes of uninterrupted reading time each day can help them discover their own abilities and develop enduring reading habits. Gardiner also explores SSR's effect on the various dimensions of literacy-reading and writing proficiency, vocabulary and spelling skills, and content comprehension-by summarizing current research and sharing feedback from teachers, students, and administrators. Finally, he demonstrates how teachers can adapt SSR for their classes' unique needs without interfering with

mandated curriculum or lesson plans. In an environment where reading is an essential part of all subjects, Building Student Literacy Through Sustained Silent Reading shows how a simple and inexpensive program can not only help students achieve greater success in school, but give them a valuable gift: the joy of reading.