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Titolo	The widowed self [[electronic resource] ] : the older woman's journey through widowhood / / Deborah Kestin van den Hoonaard
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Nota di contenuto	CONTENTS; Acknowledgements; Introduction; Part One: Embarking on the Journey; 1 The End of the Old Way of Life; 2 The Journey Begins; Part Two: Experiencing Relationships; 3 They Have Their Own Life: Relationships with Children; 4 Relationships with Friends; 5 Relationships with Men; Part Three: Discovering New Paths; 6 I Never Knew I Could; 7 And Speaking of Money; 8 Connections to the Community; 9 Conclusion: Discovering New Paths; Part Four; Appendix A: Methodology; Appendix B: Interview Guide; Bibliography; Index
Sommario/riassunto	How do older women come to terms with widowhood? Are they vulnerable or courageous, predictable or creative in dealing with this life challenge? Most books about widows usually focus on younger women; this book interweaves the voices of older widows their experiences and insights to show how they have come to terms with widowhood and have recreated their lives in new, unsuspected ways. The widows speak about how they relate to their children, their friends, to men. With powerful emotions they describe their husbands' final illnesses and deaths, and the challenging early day

