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Sommario/riassunto

Evolution is the single most important idea in modern biology, shedding light on virtually every biological question, from the shape of orchid blossoms to the distribution of species across the planet. Until recently, however, the theory has had little impact on medical research or practice. Evolutionary Medicine shows how this is beginning to change. Collecting work from leaders in the field, this volume describes an array of new and innovative approaches to human health that are based on an appreciation of our long evolutionary history. For example, it shows how evolution helps to explain th
