

1. Record Nr.	UNINA9910450432203321
Autore	Braun Stephen
Titolo	Buzz [[electronic resource]] : the science and lore of alcohol and caffeine / / Stephen Braun
Pubbl/distr/stampa	New York, : Oxford University Press, 1996
ISBN	1-280-44186-0 9786610441860 1-4237-3562-5 0-19-535771-X 1-60256-006-4
Descrizione fisica	1 online resource (281 p.)
Disciplina	615/.7828
Soggetti	Alcohol Caffeine Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [197]-205) and index.
Nota di contenuto	Cover Page; Title Page; Copyright Page; Dedication; Acknowledgments; Contents; Introduction; 1. Alcohol 101; 2. Down the Hatch; 3. Your Brain on Alcohol; 4. Sex, Snores, and Stomach Aches; 5. Demon Rum; 6. The Eyelids of Bodhidharma; 7. A Quicker Genius; 8. The Body, Wired; 9. Hooked; 10. Better Living Through Chemistry; Postscript; References and Suggested Reading; Index; Footnote
Sommario/riassunto	Alcohol and caffeine are deeply woven into the fabric of life for most of the world's population, as close and as comfortable as a cup of coffee or a can of beer. Yet for most people they remain as mysterious and unpredictable as the spirits they were once thought to be. Now, in Buzz, Stephen Braun takes us on a myth-shattering tour of these two popular substances, one that blends fascinating science with colorful lore, and that includes cameo appearances by Shakespeare and Balzac, Buddhist monks and Arabian goat herders, even Mikhail Gorbachev and David Letterman (who once quipped, ""If it we