

1. Record Nr.	UNINA9910450430403321
Titolo	Promoting the health of adolescents [[electronic resource]] : new directions for the twenty-first century // editors, Susan G. Millstein, Anne C. Petersen, Elena O. Nightingale
Pubbl/distr/stampa	New York, : Oxford University Press, 1993
ISBN	1-280-44175-5 0-19-802386-3 9786610441754 1-4237-3686-9 0-19-535790-6 1-60129-998-2
Descrizione fisica	1 online resource (418 p.)
Altri autori (Persone)	MillsteinSusan G. <1950-> PetersenAnne C NightingaleElena O
Disciplina	613.0433
Soggetti	Teenagers - Health and hygiene Health behavior in adolescence Health promotion Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Contributors; 1. Adolescent Heath Promotion: Rationale, Goals, and Objectives; 2. Adolescent Development: Health Risks and Opportunities for Health Promotion; 3. The Influence of Economic Factors on Health-Related Behaviors in Adolescents; 4. Health Promotion for Minority Adolescents: Cultural Considerations; 5. The Social World of Adolescents: Families, Peers, Schools, and the Community; 6. A View of Health from the Adolescent's Perspective; 7. Health-Enhancing and Health-Compromising Lifestyles; 8. Promoting Positive Mental Health during Adolescence 9. ""Sex Is a Gamble, Kissing Is a Game"": Adolescent Sexuality and Health Promotion10. Promoting Healthful Diet and Physical Activity; 11.

Promoting Oral Health in Adolescents; 12. Promoting Healthy Alternatives to Substance Abuse; 13. The Control of Violence and the Promotion of Nonviolence in Adolescents; 14. Promoting Safety in Adolescents; 15. From Causal Description to Causal Explanation: Improving Three Already Good Evaluations of Adolescent Health Programs; 16. Adolescent Health Promotion in the Twenty-first Century: Current Frontiers and Future Directions; Index

Sommario/riassunto

Chronic diseases and premature death can often be linked to social, environmental, and behavioral factors that are subject to modification, especially during adolescence when many habits--both good and bad--are formed. In order to effectively encourage good health-related behaviors among adolescents, health providers need an integrated understanding of the many factors involved. This volume fills that need by providing the most comprehensive, up-to-date review of the pertinent issues, including in-depth discussions on adolescent sexuality, substance abuse, the future of adolescent health promo
