

1. Record Nr.	UNINA9910450382603321
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Titolo	Awareness : what it is, what it does // Chris Nunn
Pubbl/distr/stampa	London ; ; New York : , : Routledge, , 1996
ISBN	1-134-82688-5 1-280-31932-1 0-203-28749-5 0-203-43545-1 9786610319329
Descrizione fisica	1 online resource (176 p.)
Disciplina	612.8/2
Soggetti	Awareness Awareness - Physiological aspects Neuropsychology Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	chapter Introduction -- chapter 1 The boundaries of awareness -- chapter 2 Time and awareness -- chapter 3 The nature of matter -- chapter 4 Various theories -- chapter 5 On the track of awareness -- chapter 6 Free will, free wont and other topics -- chapter 7 The functions of awareness -- chapter 8 Medicine and the PM paradigm -- chapter 9 Towards a science of the soul?.
Sommario/riassunto	Awareness: What it is, What it does is an accessible, up-to-date examination of scientific thinking about the nature of consciousness. Written to be understood by the non-specialist, Chris Nunn begins by describing basic facts about the brain and the physical world. He then examines various theories of consciousness, highlighting their relative strengths and weaknesses, and their practical implications especially for medicine and psychiatry. The study of awareness is currently a fast developing and controversial area. This book contains a state-of-the art overview of some of the most exciting theoretical and experimental advances. It will be of interest to a wide range of academics, students

and general readers. Chris Nunn is a former Consultant Psychiatrist, based in Southampton. He combined his role providing services to local communities with extensive research interests in mind/body relationships and awareness. Awareness: What it is, What it does is an accessible, up-to-date examination of scientific thinking about the nature of consciousness. Written to be understood by the non-specialist, Chris Nunn begins by describing basic facts about the brain and the physical world. He then examines various theories of consciousness, highlighting their relative strengths and weaknesses, and their practical implications especially for medicine and psychiatry. The study of awareness is currently a fast developing and controversial area. This book contains a state-of-the art overview of some of the most exciting theoretical and experimental advances. It will be of interest to a wide range of academics, students and general readers. Chris Nunn is a former Consultant Psychiatrist, based in Southampton. He combined his role providing services to local communities with extensive research interests in mind/body relationships and awareness.
