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Nota di contenuto	Cover; Half-title; Title; Copyright; Contents; Acknowledgments; Introduction; 1 What is stalking?; 2 How common is stalking?; 3 Who stalks?; 4 Could I be assaulted?; 5 Can stalkers be treated?; 6 Who are the victims of stalking?; 7 The impact of stalking; 8 Reducing your chances of victimization; 9 Evading the stalker; 10 Navigating the criminal justice system in the United States of America; 11 Navigating the criminal justice system in the United Kingdom; 12 Navigating the criminal justice system in Australia; 13 Should I just disappear? 14 How do I deal with the emotional impact of stalking? 15 How you can assist victims of stalking; Conclusions; References; Reading guide; Appendix 1: Other resources; Appendix 2: Protection from Harassment Act 1997; Appendix 3: Sample restraining order under Protection From Harassment Act 1997; Appendix 4: Criminal justice system flow chart,

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Sommario/riassunto

Surviving Stalking is a practical and comprehensive 2002 survival manual for victims of stalking and related crimes. It offers sound, realistic, practical advice to victims and also gives guidance through each stage of the criminal justice processes in America, Britain and Australia. Using case descriptions, Michele Pathe describes the traumatic effects of stalking, the course of these symptoms, and how best to access psychological care and support. It is the first comprehensive book for a general readership providing a contemporary account of victim types, stalker types, stalkers' motives, strategies to prevent and overcome stalking, and a list of the resources available to victims of stalking. Surviving Stalking will be of great interest not only to those who have been or are being stalked, but also to the health, law enforcement and legal professionals who work with stalkers and their victims.

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