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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Book Cover; Title; Contents; List of contributors; Author biographies; Preface; Theoretical and psychometric considerations; Measures of coping with stress at work: a review and critique; Empirical versus theoretical approaches to the measurement of coping: a comparison using the ways of coping questionnaire and the cybernetic coping scale; The self-regulation of experience: openness and construction; Work problems and coping; Coping with acute workplace disasters; Work, family and psychological functioning: conflict or synergy? Women's ways of coping with employment stress: a feminist contextual analysisOrganizational change: adaptive coping and the need for training; Coping with subjective health problems in organizations; Organizational interventions; Organizational healthiness: work-related stress and employee health; Organizational-level interventions designed to reduce occupational stressors; Coping with

the stress of new organizational challenges: the role of the employee assistance programme; Contemporary organizational realities and professional efficacy: downsizing, reorganization and transition Employee adjustment to an organizational change: a stress and coping perspectiveCoping with work; future directions from the debates of the past; Index

Sommario/riassunto

"The consequences of ineffective coping are evident in the health of individuals and organisations. This book brings together a wealth of research and thinking about coping in occupational settings.Coping, Health and Organizations begins by looking at measurement of coping with stress. The theoretical and psychometric considerations discussed in the opening section of the book explore the principles for successful evaluation of coping, and the effectiveness of organizational support. The book continues, going through various problems in work including acute disasters, coping with subjective health problems, and then goes on to look at what companies can do to reduce factors that result in stress. The book concludes by looking at the debates of the past and present and discusses the future of coping at work.Key Features:
* Stress at work and its affect on both the individual and the company is becoming an increasingly important factor in business today* Brings together a wealth of research and thinking about stress in occupational settings* A very forward thinking book"--Provided by publisher.