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Nota di contenuto	Cover; Contents; Introduction; Chapter 1 - Age Affirmative Practice; Chapter 2 - Counsellors, Clients and Settings; Chapter 3 - Theory and Practice; Chapter 4 - Time-limited or Open-ended: Beginning and Ending; Chapter 5 - The Use and Value of Stories; Chapter 6 - Obstacles to change: Avoidance, Resistance and Other Factors; Chapter 7 - Working with Difference; Chapter 8 - Relationships and Withdrawal; Chapter 9 - Loss: Retirement, Bereavement and Diminishment; Chapter 10 - Facing Death; Chapter 11 - How do we Evaluate Counselling?; Chapter 12 - Some Useful Exercises Some Suggestions for Further ReadingReferences; Index
Sommario/riassunto	This is a much-needed guide for practitioners working with older clients in a range of settings. Highlighting the stereotypes and prejudices which frequently exist around ageing, Ann Orbach gives practical advice on how to develop an approach to counselling which is age-affirmative.