

1. Record Nr.	UNINA9910450291903321
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Titolo	A practical art therapy [[electronic resource] /] / Susan I. Buchalter
Pubbl/distr/stampa	London ; ; New York, : Jessica Kingsley, 2004
ISBN	1-280-26664-3 9786610266647 1-4237-0981-0 1-84642-004-0
Descrizione fisica	1 online resource (162 p.)
Disciplina	615.8/5156
Soggetti	Art therapy Imagery (Psychology) - Therapeutic use Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	A Practical Art Therapy; Contents; PREFACE; Introduction; 1. Warm-Ups; 2. Murals; 3. Drawing; 4. Advertising; 5. Painting; 6. Collages; 7. Puppets and Masks; 8. Sculpture; 9. Clay; 10. Combining Modalities; 11. Mandalas; 12. Portraits; 13. Group Work; 14. Holiday Projects; 15. Stress Reduction; 16. Miscellaneous; REFERENCES; LIST OF PROJECTS
Sommario/riassunto	A Practical Art Therapy is written in an easy-to-read format that is filled with practical creative experiences for therapists to use with individuals and groups. Chapters cover various media and methods, including murals, collages, sculpture and drawing, making it easily accessible for even the busiest therapist.