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Nota di contenuto	Contents; Contributors; 1. The Question of Personal Therapy: Introduction and Prospectus; 2. The Training Analysis in the Mainstream Freudian Model; 3. The Role of Personal Therapy in the Formation of a Jungian Analyst; 4. Personal Therapy and Growth Work in Experiential-Humanistic Therapies; 5. Personal Therapy in Cognitive- Behavioral Therapy: Tradition and Current Practice; 6. The Role and Current Practice of Personal Therapy in Systemic/Family Therapy Traditions; Personal Experiences: Firsthand Accounts by Therapist- Patients; Research Findings: Undergoing Personal Therapy Personal Experiences: Firsthand Accounts by Therapists' TherapistsResearch Findings: Providing Personal Therapy to Other Therapists; EPILOGUE: The Patient Psychotherapist, the Psychotherapist's Psychotherapist, and the Psychotherapist as a Person; APPENDIX: Guidelines for Firsthand Accounts; Index; A; B; C; D; E; F; G;

1.

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Sommario/riassunto	Explores both receiving and conducting psychotherapy with psychotherapists. This work attempts to fill the void created by the secrecy and privacy that has shrouded the personal treatment of therapists. It gathers personal narratives, clinical wisdom, and research on subjects that are useful to practitioners, students, and their educators.