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Nota di contenuto	The Inspiration of Hope in Bereavement Counselling; Contents; Acknowledgements; Foreword; Introduction; Part One: Hope in Theory and Practice; 1. What is Hope?; Philosophical background and origins; Hope in the healthcare literature; The theory; Part Two: Inspiring Hope in Bereavement Counselling; 2. How Hope Works: Theory into Practice; Caring, carers and hope inspiration; Temporal dimensions of hope; The centrality of hope; Signs of increased hope in the client; A radical change in practice needed?; Freeing rather than fixing; 3. Putting the Theory into Practice; Is the theory robust? Do different approaches to counselling affect the basic social process of hope inspiration? How do practitioners maintain their own hope levels?; Are there differences between novice and expert counsellors' attempts at hope inspiration?; Is there a broader impact on mental health nursing?; 4. Forging the Connection and Relationship; Experiencing a caring, human-human connection; Countering the

projections of hopelessness; Unwavering commitment; Rediscovering trust; Permeating hope throughout the counselling encounter; 5. Facilitating a Cathartic Release
Facilitating the release of painful emotion
Supplying the opportunity for reflection; Providing unconditional and continual support; Freeing the client to talk about the deceased; Employing therapeutic touch; Purposefully utilizing silence; Avoiding colluding with the client's denial and/or hopelessness; 6. Experiencing a Healthy [Good] Ending; Realizing the potential for growth in bereavement; Avoiding repeats; Accomplishing any tasks of bereavement; Ensuring clients retain control; Increasing the client's self-awareness; Part Three: Implications for Research, Policy and Practice
7. Fit for Purpose?: Implications for Education and Training
Hope inspiration and bereavement counselling training; Mental health practitioner training; 8. Implications for Research and Policy; Is there a genetic answer?; Inspiring hope: too time-consuming?; Credibility in a technocratic world; Afterword; Appendix I: Summary of the Research; Grounded theory; Data collection and concept formation; Concept development; Concept modification and integration; Establishing the credibility of the findings; Category saturation; References; Subject Index; Author Index; About the Author

Sommario/riassunto

A person's sense of hope is essential to bereavement counselling and nursing. This book brings together research and thinking on hope to give guidance to professionals working with the bereaved. Taking in a variety of sources, this book gives a comprehensive view of the developments and possibilities in hope-inspiring bereavement counselling.
