

1. Record Nr.	UNINA9910450014103321
Titolo	Psychology and Buddhism [[electronic resource]] : from individual to global community // edited by Kathleen H. Dockett, G. Rita Dudley-Grant, C. Peter Bankart
Pubbl/distr/stampa	New York, : Kluwer Academic/Plenum Publishers, c2003
ISBN	1-280-53772-8 9786610537723 0-306-47937-0
Edizione	[1st ed. 2003.]
Descrizione fisica	1 online resource (325 p.)
Collana	International and cultural psychology series
Altri autori (Persone)	DockettKathleen H. <1942-> Dudley-GrantG. Rita <1951-> BankartC. Peter <1946->
Disciplina	294.3/375
Soggetti	Psychotherapy - Religious aspects - Buddhism Healing - Religious aspects - Buddhism Buddhism - Psychology Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Foundations -- On the Path of the Buddha -- Five Manifestations of the Buddha in the West -- Value and Meaning in Gestalt Psychology and Mahayana Buddhism -- Healing and Psychotherapy -- Buddhism, Psychology, and Addiction Theory in Psychotherapy -- Suffering from Biobabble -- Role of Responsibility in Daseinsanalysis and Buddhism -- Classical Buddhist Model of a Healthy Mind -- Empowerment, Responsibility, and the Challenges of Change -- Buddihist Empowerment -- The Role of Religion and Spirituality in Community Building -- Transcending Self and Other -- Environmental Problems and Buddhist Ethics -- Buddhist Social Principles -- Future Directions -- On the Path to Peace and Wholeness.
Sommario/riassunto	Psychology and Buddhism are each concerned with understanding and transforming human behavior. Moreover, both traditions have relevance that extends beyond the individual to the community and global level. Indeed some Buddhist traditions, such as the Nichiren sect, have

devoted their entire mission to the establishment of peace worldwide. This book advances a serious consideration of how the goals and practices of psychology can be informed and enriched by Buddhist traditions that transcend the individual to consider the interconnectedness of all things, and the responsibility we have towards the other. Individualistic and psychotherapeutic applications of Buddhism in psychology are examined, followed by a bold step into the community arena, with consideration given to the intersection between community psychology and Buddhist approaches to empowerment, social change, and prevention. The emerging perspective of individuals and communities, empowered and ready to engage the millennium, ultimately has global implications for the future of humankind. Psychology and Buddhism envisions how future integration and collaboration between psychology and Buddhism have the potential to transform the way human beings understand and interact with one another on a global scale.
