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Sommario/riassunto

The potential benefits of plants and plant extracts in the treatment and possible prevention of many leading health concerns are becoming more widely recognised within the medicinal community. This major comprehensive reference work contains contributions from more than 80 clinical and academic experts in the field, covering a range of plant products and their uses, divided into sections on topics such as treatments of cardiovascular diseases and cancer. The book covers the safety and efficacy of botanical treatments and there is also a chapter analysing the possible interactions of herbal rem
