Record Nr. UNINA9910446313903321 Health benefits of organic food [[electronic resource]]: effects of the **Titolo** environment / / edited by D. Ian Givens ... [et al.] Pubbl/distr/stampa Wallingford, UK;; Cambridge, MA,: CABI, c2008 **ISBN** 1-281-80161-5 9786611801618 1-84593-460-1 Edizione [1st ed.] Descrizione fisica 1 online resource (333 p.) Altri autori (Persone) GivensD. I (D. Ian) Disciplina 641.3/02 Soggetti Natural foods - Nutritional aspects Agriculture Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Contents; Contributors; Preface; Acknowledgements; 1 Organic Nota di contenuto Farming and Food Systems: Definitions and Key Characteristics: 2 The Health Benefits of n-3 Fatty Acids and Their Concentrations in Organic and Conventional Animal-derived Foods; 3 Environmental Impacts on the n-3 Content of Foods from Ruminant Animals: 4 Health Benefits and Selenium Content of Organic Versus Conventional Foods: 5 Environmental Impacts Concerning the Selenium Content of Foods; 6 Contaminants in Organic and Conventional Food: the Missing Link Between Contaminant Levels and Health Effects 7 Mycotoxins in Organic and Conventional Foods and Effects of the Environment8 Human Pathogens in Organic and Conventional Foods and Effects of the Environment; 9 What Does Consumer Science Tell Us About Organic Foods?; 10 The Beneficial Effects of Dietary Flavonoids: Sources, Bioavailability and Biological Functions; 11 Environmental Regulation of Flavonoid Biosynthesis: 12 Nitrates in the Human Diet: 13 Impacts of Environment and Management on Nitrate in Vegetables and Water 14 Effects of the Environment on the Nutritional Quality and Safety of

Organically Produced Foods: Round-up and SummaryIndex

Examines factors such as the role of certain nutrients in prevention and

Sommario/riassunto

promotion of chronic disease, and health benefits of bioactive compounds in plants. This title covers the prevalence of food-borne pesticides and pathogens and how local and global environmental factors may affect differences between organic and conventionally produced food.