

1. Record Nr.	UNINA9910438259403321
Autore	Western Deborah
Titolo	Gender-based violence and depression in women : a feminist group work response / / Deborah Western
Pubbl/distr/stampa	New York, : Springer, 2013
ISBN	1-4614-7532-5
Edizione	[1st ed. 2013.]
Descrizione fisica	1 online resource (104 p.)
Collana	Springer briefs in social work
Disciplina	155.3 616.025
Soggetti	Depression in women Family violence
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction -- An introductory visit to a women's journaling group -- A conceptual and contextual background for theorising and understanding gender-based violence and depression in women -- Gender-based violence against women and human rights -- Depression in women.- Feminist group work, consciousness-raising and resistance.- Women and journaling.- The Women's Journaling Group Program (WJGP) model.- An example outline of a Women's Journaling Group Program -- Practice guidelines for facilitating a Women's Journaling Group Program -- Postscript -- Index.
Sommario/riassunto	Social workers, in whatever capacity they work, can expect to come into contact with women who have experienced/are experiencing violence and with women who are experiencing depression. Therefore, a range of social work supports and interventions are required in order to meet the needs of diverse women and assist them in their recovery. One of these methods is group work where women can share their experiences, learn from each other, reflect on their learnings and identify and achieve changes in their circumstances. This book is based on original research by the author that sought to understand depression in women from a feminist and gender-informed perspective, develop a feminist-based group work response, and highlight the activities of consciousness-raising and resistance as

methods for women to achieve change in their lives and in their selves. An innovative and creative group work program, the Women's Journaling Group Program, was developed from this research and provides a new method of working with women who have experienced/are experiencing violence and mild-moderate depression. The Women's Journaling Group Program is research-informed, theoretically-grounded, practice-based and feminist and gender-focused. This book, and the program model within it, is an important contribution to the field of critical feminist social work practice.
