

1. Record Nr.	UNINA9910431345303321
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Titolo	Contemporary Family Lifestyles in Central and Western Europe : Selected Cases // by Blahoslav Kraus, Leona Stašová, Iva Junová
Pubbl/distr/stampa	Springer Nature, 2020 Cham : , : Springer International Publishing : , : Imprint : Springer, , 2020
ISBN	9783030482992 3030482995
Edizione	[1st ed. 2020.]
Descrizione fisica	1 online resource (X, 125 p. 22 illus., 12 illus. in color.)
Collana	SpringerBriefs in Sociology, , 2212-6368
Classificazione	SOC000000SOC026000SOC026010
Disciplina	306.85
Soggetti	Families Economic development Social change Ethnology - Europe Family Development and Social Change European Culture
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Preface Chapter 1. A look at contemporary family life -- Chapter 2. Characteristics of family lives in Western and Central Europe -- Chapter 3. Socio-demographic situation and satisfaction in the family life -- Chapter 4. Leisure time in the lives of families -- Chapter 5. Media in the lives of contemporary families.
Sommario/riassunto	This open access book brings together a unique set of comparative data from Western and Central Europe on how contemporary families live, and discusses the similarities and differences in family lifestyles in this region. The empirical data comes from the authors' original research derived from adult representatives of families with children in the Czech Republic, Germany, Latvia, Poland, Slovakia and Ukraine. The authors compare and interpret information on the social and economic situation of families, expressed satisfaction in their lifestyles, and leisure and media in the everyday life of families. Overall, the authors

bring into the discussion both current knowledge and original empirical data on families and contribute to literature on the sociology of the family, particularly in Europe. This book is useful to researchers and students interested in family issues, along with professionals in the field of family care and social policy.

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