1. Record Nr. UNINA9910427734403321

Autore	Maier Heiner
Titolo	Exceptional Lifespans / / edited by Heiner Maier, Bernard Jeune, James W. Vaupel
Pubbl/distr/stampa	Springer Nature, 2021 Cham : , : Springer International Publishing : , : Imprint : Springer, , 2021
ISBN	3-030-49970-7
Edizione	[1st ed. 2021.]
Descrizione fisica	1 online resource (VII, 344 p. 118 illus., 74 illus. in color.)
Collana	Demographic Research Monographs, A Series of the Max Planck Institute for Demographic Research, , 1613-5520
Disciplina	304.6
Soggetti	Demography Aging Internal medicine Internal Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
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Sommario/riassunto

How long can humans live? This open access book documents, verifies and brings to life the advance of the frontier of human survival. It carefully validates data on supercentenarians, aged 110+, and semi-supercentenarians, aged 105-109, stored in the International Database on Longevity (IDL). The chapters in this book contribute substantial advances in rigorously checked facts about exceptional lifespans and in the application of state-of-the-art analytical strategies to understand trends and patterns in these rare lifespans. The book includes detailed accounts of extreme long-livers and how their long lifespans were documented, as well as reports on the causes of death at the oldest ages. Its key finding, based on the analysis of 1,219 validated supercentenarians, is that the annual probability of death is constant at 50% after age 110. In contrast to previous assertions about a ceiling on the human lifespan, evidence presented in this book suggests that lifespan records in specific countries and globally will be broken again and again as more people survive to become supercentenarians. .