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Autore	Stoyanov Drozdstoy
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Nota di contenuto	Foreword1 Surprised by Values: an Introduction to Values-based Practice and the Use of Personal Narratives in this Book -- Part I – EXEMPLARS 2 Migration Narratives: an introduction to Part I, Exemplars -- 3 Antonella – "A Stranger in the Family": a case study of eating disorders across cultures -- 4 The role of culture, values and trauma in shaping abnormal bodily experience in migrants -- 5 Premorbid personality and expatriation as possible risk factors for brief psychotic disorder: A case report from post-Soviet Bulgaria -- Part II – THEORY 6 Theory First: an introduction to Part II, Theory -- 7 The Will to Beauty as a Therapeutic Agent: aesthetic values in the treatment of addictive disorders -- 8 Anorexia as Religion: Ocularcentrism as a cultural value and a compensation strategy in persons with Feeding and Eating Disorders -- 9 Ethos, embodiment, psychosis: Losing one's home - identity stakes -- 10 African Personhood, Humanism, and Critical Sankofaism: The Case of Male Suicide in Ghana -- 11 Madness, Mythopoetry and Medicine -- 12 Inside and out: how Western patriarchal cultural contexts shape women's relationships with their bodies -- 13 Spiritual, religious and ethical values in a suicidal

| Sommario/riassunto | This open access book offers essential information on values-based practice (VBP): the clinical skills involved, teamwork and person-centered care, links between values and evidence, and the importance of partnerships in shared decision-making. Different cultures have different values; for example, partnership in decision-making looks very different, from the highly individualized perspective of European and North American cultures to the collective and family-oriented perspectives common in South East Asia. In turn, African cultures offer yet another perspective, one that falls between these two extremes (called batho pele). The book will benefit everyone concerned with the |

practical challenges of delivering mental health services. Accordingly, all contributions are developed on the basis of case vignettes, and cover a range of situations in which values underlie tensions or uncertainties regarding how to proceed in clinical practice. Examples include the patient's autonomy and best interest, the physician's commitment to establishing high standards of clinical governance, clinical versus community best interest, institutional versus clinical interests, patients insisting on medically unsound but legal treatments etc. Thus far, VBP publications have mainly dealt with clinical scenarios involving individual values (of clinicians and patients). Our objective with this book is to develop a model of VBP that is culturally much broader in scope. As such, it offers a vital resource for mental health stakeholders in an increasingly inter-connected world. It also offers opportunities for cross-learning in values-based practice between cultures with very different clinical care traditions.