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Nota di contenuto	Chapter 1. Introduction(Anthony Burrow) -- Part 1: Purpose as a Catalyst for Healthy Development -- Chapter 2. Is Purpose Good for Your Health?: A Look at Emerging Evidence (Carol Ryff) -- Chapter 3. Taking a Purposeful Direction toward Healthy Aging (Patrick Hill) -- Chapter 4. TBA (Rachel Sumner) -- Part 2: Educating for a Purpose -- Chapter 5. Adolescents' Self-Transcendent Purposes for Learning in School: Theory and Intervention (David Yeager) -- Chapter 6. Discovering Identity and Purpose in the Classroom: Theoretical, Empirical, and Applied Perspectives (Lisa Kiang) -- Chapter 7. A Multinational Cultural Perspective on Developing and Educating for Youth Purpose (Seana Moran) -- Part 3: The Role of Purpose in a

Diverse Society -- Chapter 8. Youth Purpose: A Translational Research Agenda (Kendall Cotton Bronk) -- Chapter 9. Paths of Identity: Navigating Stereotypes and Finding Purpose (Leoandra Rogers) -- Chapter 10. Purpose as a Motivator for Equity Work (Adia Harvey Wingfield) -- Part 4: Purpose in Context -- Chapter 11. Coming of Age on the Edge of Town: Perspectives on Growing Up in the Context of Rural Poverty(Katherine MacTavish) -- Chapter 12. Determinants of Purpose in Life: Evidence from Two Longitudinal Analyses (Ying Chen) -- Chapter 13. Supporting Youth Purpose in Adolescence: Youth-Adult Relationships as Ecological Assets (Nancy Deutsch) -- Chapter 14. Discovering the Possible: How Youth Programs Provide Apprenticeships in Purpose (Reed Larson) -- Chapter 15. Concluding Remarks (Anthony Burrow).

Sommario/riassunto

This book explores what it means to live a purposeful life and outlines the benefits associated with purpose across different life domains. It also demonstrates that purpose in life is not reducible to constructs such as happiness, well-being, or identity development. The importance of having a sense of purpose in life is attracting renewed attention in both scientific and social arenas. Mounting evidence from intricately designed experiments and large-scale studies reveals how pursuing a purpose can make a person happier, healthier, and even lengthen their lifespan. However, existing texts on purpose have said little on why having has these effects, how it may influence our ability to navigate diverse environments, or how best to consider the construct from a multidisciplinary approach that moves beyond psychology. Recognizing this gap in the literature, this book provides multidisciplinary perspectives on the topic of purpose, and examines what we can do as researchers, interventionists, and society as a whole to imbue purposefulness in the lives of people across the lifespan. It includes contributions from key figures on topics such as identity, health, youth programs and youth purpose, diversity, aging and work.
