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Titolo	Adolescent Suicide and Self-Injury : Mentalizing Theory and Treatment // edited by Laurel L. Williams, Owen Muir
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Descrizione fisica	1 online resource (VII, 140 p. 23 illus., 16 illus. in color.)
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Soggetti	Psychiatry Clinical psychology Pediatrics General practice (Medicine) Clinical Psychology General Practice / Family Medicine Suicidi Comportament autolesiu Psiquiatria de l'adolescència Psicoteràpia dels adolescents Psicoteràpia familiar Psicologia clínica Llibres electrònics
Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Nota di contenuto	What is Mentalizing? -- Core Mentalizing Techniques -- Mentalizing in Family Work -- MBT Activities, Games, and Intersession Activities -- Suicidality in Context -- Creating Resilient Systems of Care for Youth, Families, and Clinicians -- MBT Plays Well with Others -- Mentalizing Crisis Management of Suicide and Self-Injurious Behavior -- MBT-A: The Framework for Work with Suicide and Self-Injurious Behaviors. .
Sommario/riassunto	This volume presents a comprehensive and practical approach to the treatment of suicide and NSSI for adolescents utilizing a mentalizing

framework. The beginning of the text provides up-to-date information on the theory of a mentalizing therapy in order to ground the readers in the neuroscientific underpinnings of a mentalizing approach. Next chapters provide information on the fundamental building blocks of a mentalizing therapy at the individual and family level. These chapters provide step-by-step approaches in order to provide examples of the techniques involved in mentalizing treatment that can be employed to address suicidality and NSSI. The next chapter builds on these concepts as the reader learns about mentalizing failures involved in common comorbidities in adolescents who are experiencing suicidality and/or employing NSSI. The next several chapters cover practical issues related to working within this patient population including the key concept of social systems and connections for both providers and adolescents, the ability of mentalizing theory and therapy to integrate with other effective therapies, how to approach sessions after a suicide attempt, resiliency for patient, family and the provider, along with important self-care for a therapist if a patient commits suicide. The final chapter brings all of the aforementioned elements together in order for the reader to conceptualize employing a mentalizing approach to adolescents and their families when suicide and NSSI concerns are a predominate focus of care. Illustrations of specific therapeutic approaches and a list of resources and guidelines where available are also included. Adolescent Suicide and Self-Injury is an excellent resource for all clinicians working with youths at risk for suicide and/or self-injury, including psychiatrists, psychologists, pediatricians, family medicine physicians, emergency medicine specialists, social workers, and all others.
