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Titolo	Sleep Medicine and Mental Health : A Guide for Psychiatrists and Other Healthcare Professionals / / edited by Karim Sedky, Racha Nazir, David Bennett
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ISBN	3-030-44447-3
Edizione	[1st ed. 2020.]
Descrizione fisica	1 online resource (XVI, 381 p. 7 illus. in color.)
Disciplina	616.89
Soggetti	Psychiatry General practice (Medicine) Neurology General Practice / Family Medicine Trastorns del son Salut mental Psiquiatria Llibres electrònics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	This book serves to fill the gap in medical training that neglects the bidirectional relationship between sleep medicine and psychiatry. Written by expert psychiatrists who are also trained in sleep medicine, the text translates between these two fields by covering both the classification of sleep disorders as International Classification of Sleep – third edition (ICSD-3) as it relates to mental health, and also the classification of mental health comorbidities as defined by the Diagnostic and Statistical Manual of Mental Disorders – 5 as they relate to sleep disorders. Chapters also address the neurobiological components of sleep and psychiatric consideration, pharmacological considerations, behavioral therapeutic remedies, and unique challenges in special populations, such as pregnant women, children, and others. Sleep Medicine and Mental Health is an excellent resource for all

physicians treating patients with sleep disorders who may also have psychiatric considerations, including psychiatrists, sleep specialists, neurologists, primary care physicians, and all others.

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