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Nota di contenuto	Foreword; Shelagh Wright -- Editors' Introduction; Arlene Vetere and Jim Sheehan -- Part One: Long Term Systemic Work with Couples and Families -- Chapter One: Couple and family therapy as meta-therapy -- doing relational therapy in the longer-term; Arlene Vetere -- Chapter Two: Couples with Chronic Illness: Challenges and Opportunities in the Long-term Therapeutic Relationship; Jim Sheehan -- Part Two: Long term Systemic Work with Individuals -- Chapter Three: Olena's battle for Utopia; Chip Chimera -- Chapter Four: And it takes as long as it takes; Ros Draper -- Chapter Five: Journeying together through a landscape of uncertainty: Long-term systemic work with young people; Sarah Houston -- Part Three: Long Term Systemic Work with Professional Practitioner Groups -- Chapter Six: Psychological and emotional support in the workplace -- can it make a difference for the longer term?; Helga Hanks -- Chapter Seven: Long term supervision in groups -- opportunities and challenges of a language-systemic approach; T.K. Lang -- Chapter Eight: Ministering reflectively -- a story

of two groups; Paddy Sweeney and Martin Daly -- Part Four: Long Term Systemic Work with Family Businesses -- Chapter Nine: Families in business – the longer-term perspective; Ana Aguirregabiria -- Editors' Reflections: The Way Forward; Arlene Vetere and Jim Sheehan.

Sommario/riassunto

Systemic psychotherapy has long been conceptualised and practiced as brief psychotherapy, in both the public sector and in independent practice, but it is now increasingly becoming a longer term practice. This ground-breaking book examines the ways in which systemic theory can accommodate and formulate long term practice, and locates the boundaries of the systemic theories that both help to explain and give direction to such work. In doing so, it asks important questions such as: at what point might a practitioner need to incorporate and integrate other explanatory models into their systemic thinking? What does this mean for systemic practice? How does the relative longevity of the work impact the way practitioners build and maintain therapeutic relationships with the relational systems they assist? And what implications does such longevity have on, and for, the supervisory needs of systemic psychotherapists at the heart of the work? Given the absence of a rigorous evidence base for long term systemic therapy and practice, this book explores how practitioners can hold themselves ethically accountable for what they do and think. Written by some of the leading names in systemic thinking, this book provides an important new resource for both students and experienced professionals in family therapy seeking to enhance their practice and research. Arlene Vetere is Professor of Family Therapy and Systemic Practice at VID Specialized University, Oslo, Norway. Her previous books include *Supervision in Family Therapy and Systemic Practice* (2017) co-edited with Jim Sheehan, and together with Rudi Dallos she co-edits the Palgrave Texts in Psychotherapy and Counselling book series. Jim Sheehan is Professor of Family Therapy and Systemic Practice at the VID Specialized University, Oslo, Norway and Adjunct Senior Lecturer in the School of Medicine, University College Dublin, Ireland. He is a social worker, family therapist, trainer, consultant and systemic supervisor. His previous publications include *Supervision of Family Therapy and Systemic Practice* (2017) co-edited with Arlene Vetere, and *Family Conflict After Separation and Divorce* (2018) published by Palgrave.
