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Nota di contenuto	Chapter 1.The Heidelberg Systemic Research Conferences: Its History, Goals and Outcomes -- Section 1: Innovations in Systemic Research Paradigms -- Chapter 2. Contributions of Systemic Research to the Development of Psychotherapy -- Chapter 3. The Social Present in Psychotherapy: Duration of Nowness in Therapeutic Interaction -- Chapter 4. Significant Moments in a Couple Therapy Session: Towards the Integration of Different Modalities of Analysis -- Chapter 5. Collaborative Family Program Development: Research Methods that Investigate and Foster Resilience and Engagement in Marginalized Communities -- Chapter 6. Resilience of Individuals, Families, Communities and Environments: Mutually Dependent Protective Processes and Complex Systems -- Section 2: Methodological Considerations -- Chapter 7. Relational Research (Trans)forming

Practices -- Chapter 8. Discourse Analysis and Systemic Family Therapy Research: The Methodological Contribution of Discursive Psychology -- Chapter 9. From Research on Dialogical Practice to Dialogical Research: Open Dialogue is Based on A Continuous Scientific Analysis -- Chapter 10. Systemic Practitioner Research: Some (Epistemological) Considerations and Examples -- Chapter 11. Family Secrecy – A Challenge for Researchers -- Section 3: Answering Clinical Issues Using Scientific Knowledge and Methods -- Chapter 12. Mentalization in Systemic Therapy and its Empirical Evidence -- Chapter 13. Mindfulness and Compassion-Based Interventions in Relational Contexts -- Chapter 14. What are the Emotions? How Emotion-Focused Therapy Could Inspire Systemic Practice -- Chapter 15. From Reactivity to Relational Empowerment in Couple Therapy: Insights from Interpersonal Neurobiology -- Chapter 16. Relationship Distress: Empirical Evidence for a Relational Needs Perspective -- Chapter 17. Violence in Families: Systemic Practice and Research -- Section 4: Improving Therapy Quality by Feedback.– Training and Publication -- Chapter 18. Research Informed Practice of Systemic Therapy -- Chapter 19. The Effectiveness of Three Psychotherapies of Different Type and Length in the Treatment of Patients Suffering from Anxiety Disorders -- Chapter 20. The SCORE in Europe: Measuring Effectiveness and Assisting Therapy -- Chapter 21. The Idiographic Voice in a Nomothetic World: Why Client Feedback is Essential to Our Professional Knowledge -- Chapter 22. Therapeutic-Factor-Oriented Skill-Building in Systemic Counselling: Productively Conjoining Attitude and Method -- Chapter 23. Publication in Family Therapy Journals: Family Process, Journal of Family Therapy and Australian and New Zealand Journal of Family Therapy – A Discussion with Editors. .

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## Sommario/riassunto

This book examines systemic family therapy research, addressing key topics across the interrelated disciplines of psychotherapy, social work, and counseling. Drawing from contributions at the 2017 International Systemic Research Conference in Heidelberg, it includes both quantitative and qualitative research perspectives and outlines a wide array of approaches, using systems theory and constructivist epistemology. In addition, the book focuses on innovative paradigms, research strategies, and methods, seeking to bridge the gap between research and practice in the field of systemic family therapy. Finally, it provides guidance on submitting and maximizing the likelihood of research paper acceptance to leading family therapy journals. Topics featured in this book include: Effectiveness of research-informed systemic therapy. Mindfulness and compassion-based interventions in relational contexts. Use of SCORE (Systemic Clinical Outcome and Routine Evaluation) as an indicator of family functioning in Europe. Systemic approaches for working with couples with high conflict behaviors. Therapeutic-Factor-Oriented skill building in systemic counseling. Importance of client feedback in development of professional knowledge base. Systemic Research in Individual, Couple, and Family Therapy and Counseling is a must-have resource for researchers, professors, and graduate students in family therapy, clinical psychology, general practice/family medicine, and social work as well as all interrelated psychology and medical sub-disciplines.

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