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Nota di contenuto	Chapter 1: Introduction -- Part I: Narrative Understanding of Oneself -- Chapter 2: Autobiographical Memory -- Chapter 3: From Autobiographical Memory to Autobiographical Narrative -- Chapter 4: The Autobiographical Narrative -- Chapter 5: The Narrative Dialogue -- Chapter 6: From Play to the Narrative -- Chapter 7: The "Playful" Narrative -- Part II: The Narrative Understanding of the Other -- Chapter 8: Count and Recount -- Chapter 9: Man of Multiform Ingenuity -- Chapter 10: Narration and Fuzzy Logic -- Chapter 11: Text and Interpretation -- Chapter 12: Narrative Understanding in the Digital Age -- Chapter 13. Conclusion. .

This book illustrates the link that unites memory, thought, and narration, and explores how the act of telling helps people to understand themselves and others. The structure of the book is divided into two parts. The first part focuses on the aspect of narrative comprehension—the person as narrator. It identifies two different origins of narrative comprehension (memory and play) and argues that the narratives we produce starting from autobiographical memory are intended to give order and meaning to events that happened in the past, in order to be able to interpret the present. Conversely, the narratives we produce starting from play are aesthetically constructed, not forced to respect reality, and because of this create potential new worlds of understanding. The second part of this book is devoted to the study of narrative understanding as an understanding of the other. Chapters examine the different points of view a listener can adopt in order to interpret the text produced by a narrator and how these points of view can interact with each other. The book concludes with a consideration of narrative comprehension in the digital world, and examines the principal effects of stories and narrative on the notion of self in the realm of the “Internet galaxy.” Telling to Understand will be of interest to researchers and students in cognitive science, psychology, literary studies, philosophy, education, and educational technology, as well as any reader interested in enlarging their concept of narrative and how narrating modifies the self.

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