1. Record Nr. UNINA9910409694203321 **Autore** Krist Sabine Titolo Vegetable Fats and Oils / / by Sabine Krist Cham:,: Springer International Publishing:,: Imprint: Springer,, Pubbl/distr/stampa 2020 3-030-30314-4 **ISBN** Edizione [1st ed. 2020.] Descrizione fisica 1 online resource (XIII, 832 p. 91 illus., 89 illus. in color.) 664.3 Disciplina Soggetti Microbiology Food - Biotechnology Nutrition Pharmacy Food Microbiology Food Science Olis i greixos Olis vegetals Enciclopèdies Llibres electrònics Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references. Introduction -- Ajowan Oil -- Algae Oil -- Almond Oil -- Amaranth Oil Nota di contenuto -- Andiroba Oil -- Apple Seed Oil -- Apricot Oil -- Argan Oil --Artichoke Seed Oil -- Avocado Oil -- Babassu Oil -- Balanos Oil --

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Sommario/riassunto

This encyclopedia scientifically describes 121 vegetable oils and fats. In addition to conventional oils, the book also covers lesser-known oils such as Amaranth, Chia, prickly pear, and quinoa. Author pays particular attention to root plants, extraction, and the ingredients included in information nutritionally relevant to fatty acid patterns. Applications in pharmacology, medicine, cosmetics and technology, as well as possible adverse effects, are discussed. The thoroughly researched reference book includes detailed descriptions along with the latest research results and methods.