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Nota di contenuto	Chapter 1. Epidemiology of Binge Eating -- Chapter 2. Binge Eating Assesement -- Chapter 3. Developmental and Cultural Aspects of Binge Eating -- Chapter 4. Psychosocial Correlates of Binge Eating -- Chapter 5. Weight Dysregulation, Positive Energy Balance and Binge Eating in Eating Disorders -- Chapter 6. Theoretical Development and Maintenance Models of Binge Eating -- Chapter 7. Preclinical Models of Stress and Environmental Influences on Binge Eating -- Chapter 8. Emerging Translational Treatments to Target the Neural Networks of Binge Eating -- Chapter 9. Neuroimaging to Study Brain Reward Processing and Reward-Based Learning in Binge Eating Pathology -- Chapter 10. The Neurobiological Basis of Executive Function Alterations in Binge Eating Populations -- Chapter 11. Influence of Genetics and Sex Hormones on Binge Eating -- Chapter 12. Neuroendocrine

Correlates of Binge Eating -- Chapter 13. Body Image Disturbance and Binge Eating -- Chapter 14. Food Addiction, Binge Eating and the Role of Dietary Restraint: Converging Evidence from Animal and Human Studies -- Chapter 15. Prevention of Binge Eating -- Chapter 16. Medication for Binge Eating -- Chapter 17. Oxytocin: Potential New Treatment for Binge Eating -- Chapter 18. Psychotherapy for Binge Eating -- Chapter 19. Self Help Interventions for the Treatment of Binge Eating -- Chapter 20. New Avenues for the Treatment of Binge Eating based on Implicit Processes -- Chapter 21. Binge-Eating Disorder: Unanswered Questions -- Chapter 22. Overcoming Barriers to the Treatment of Binge Eating.

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## Sommario/riassunto

This book provides a comprehensive overview of our current understanding of binge eating, which is characterized by the uncontrollable consumption of large amounts of food in a discrete time period. Written by experts on eating disorders, it first introduces the phenotype of binge eating, including its epidemiology and assessment. It then describes the underlying neurobiological alterations, drawing on cutting-edge animal models and human studies to do so. In addition, it extensively discusses current treatment models, including medication, psychotherapy, self-interventions and disease prevention. Lastly, an outlook on the future research agenda rounds out the coverage. Given binge eating's current status as an under-researched symptom, but one shared across many eating disorders, this book provides an up-to-date, integrative and comprehensive synthesis of recent research and offers a valuable reference for scientists and clinicians alike.

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