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Sommario/riassunto

This book presents the current status of shoulder instability treatment with the aim of equipping readers with a comprehensive understanding of the latest concepts of shoulder instability, diagnosis and the decision-making process, conservative treatment, state of the art surgical techniques, and management of treatment failures. Written by leading European and overseas specialists, the book merges the authors' clinical experience with expert opinions and up-to-date research data to offer shoulder surgeons, physiotherapists, other shoulder practitioners, and residents strong support in everyday practice. The coverage encompasses such pathologies as ALPSA, SLAP, HAGL, and Bankart lesions, and readers will find clear descriptions of soft tissue management, arthroscopic and open stabilization techniques, and recently published bone transfer techniques. Not only is the book copiously illustrated, but it also includes case examples, further illustrations, and links to high-resolution videos of the newest shoulder stabilization techniques performed by globally renowned experts. 360° Around Shoulder Instability is published in cooperation with ESSKA-ESA and is based on the 2nd biennial ESSKA-ESA meeting of the same name.