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Nota di contenuto	Chapter 1: Introduction -- Part I: First Wave: Transrational Peace Research -- Chapter 2: Methodology -- Chapter 3: The Self and its Modes of Knowing -- Chapter 4: The Rhythms of Research -- Part II: Second Wave: Peace Studies Facilitation -- Chapter 5: Facilitation -- Chapter 6: Facilitating through the Self -- Chapter 7: The Rhythms of Facilitation -- Chapter 8: Conclusion.
Sommario/riassunto	This book sheds new light on transrational approaches to peace research and highlights elicitive approaches to facilitation. Rather than encouraging researchers, teachers and practitioners to control and suppress their own positionality, the book argues that they can see themselves as a potential (re)source that can be creatively tapped for their work. Using dance as a central metaphor, it seeks to reposition research and facilitation as a truly experiential process where the entirety of human experiences and epistemologies can be brought into interplay, opening up new sources of knowledge. Providing a cutting-edge theoretical framework and based on his practical experience, the author demonstrates that facilitation and research are not just

cognitive, but can also be(come) embodied, emotional, intuitive, relational and spiritual. By proposing a systematic, methodological framework for research and facilitation, the book offers practical guidance for peace practitioners, facilitators and researchers interested in working through all dimensions of their being and engaging with conflict transformation in a holistic way. Norbert Koppensteiner is a peace researcher and freelance facilitator. Having previously served as a Senior Lecturer at the Unit for Peace and Conflict Studies, University of Innsbruck, his facilitation especially focuses on breath, voice and movement. .
