1. Record Nr. UNINA9910458678503321 Afghanistan [[electronic resource]]: communications // World Trade Titolo **Press** Petaluma, Calif., : World Trade Press, c1993-2010 [2010] Pubbl/distr/stampa **ISBN** 1-60780-473-5 Edizione [2nd ed.] 1 online resource (25 p.) Descrizione fisica 384 Disciplina Communication - Afghanistan Soggetti Communication and traffic - Afghanistan Telecommunication - Afghanistan Mobile communication systems - Afghanistan Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Cover title. Sommario/riassunto Get all three comprehensive reports bundled into one for a complete media and communications profile of Afghanistan. An excellent source of practical information, this profile offers an extensive dialing guide with city codes, a listing of ISPs and Internet cafes, profiles of the major media outlets (with contact info!) and more.

2. Record Nr. UNINA9910132957603321

Autore Compagnoni Giuseppe <1754-1833.>

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Record Nr. UNINA9910404084003321 Autore Di Liegro Italia **Titolo** Genetic and Epigenetic Modulation of Cell Functions by Physical Exercise MDPI - Multidisciplinary Digital Publishing Institute, 2020 Pubbl/distr/stampa **ISBN** 3-03928-481-9 Descrizione fisica 1 electronic resource (170 p.) Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia From an evolutionary perspective, our species has relied upon physical Sommario/riassunto activity for most of its history to survive and has had to escape from predators, to scavenge for food, and to use physique to work or build necessary means for everyday life. Physical activity has been part of our evolution and progress since the very beginning and, consequently, our entire body has been programmed to be active physically. In the last 20 years, scientific research has increasingly shown that our ancient survival principle has beneficial effects not only on the cells and organs involved in physical activities but on the metabolism of the entire organism, influencing the homeostasis and integration of all bodily functions, likely stimulating the production of hormones and other regulatory molecules, with each affecting vital signalling pathways. Most of the web of factors involved in molecular signalling upon exercise are suspected to be centrally controlled by the brain, which has been reported to be deeply modified by physical activity. Such complexity requires a multifaceted approach to shed light on the

outcome at a cellular level.

molecular interactions that occur between physical activity and its