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Titolo	Injury and Health Risk Management in Sports : A Guide to Decision Making // edited by Werner Krutsch, Hermann O. Mayr, Volker Musahl, Francesco Della Villa, Philippe M. Tscholl, Henrique Jones
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Descrizione fisica	1 online resource (XXII, 804 p. 196 illus., 162 illus. in color.)
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Soggetti	Sports medicine Orthopedics Rehabilitation Physiotherapy Traumatology Sports Medicine Traumatic Surgery Lesions esportives Medicina esportiva Traumatologia Rehabilitació mèdica Llibres electrònics
Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Nota di contenuto	Principles and special considerations in athletes of different sports -- Principles and interdisciplinary considerations in athletes' care -- Specific medical care in typical sports injuries -- Special considerations in team sports & ball sports -- Special considerations in athletic sports -- Special considerations in winter sports -- Special consideration in martial arts and contact sports -- Special considerations in motor and cycling sports -- Special considerations in modern and extreme sports -- Special considerations in swimming and water sports -- Special considerations in other IOC sports -- Special sports -- Tips & tricks in

player's care -- Future aspects in sports medicine.

Sommario/riassunto

This book is a comprehensive source of information and guidance on health risk management and medical care across the entire range of sports, in athletes of all ages and ability. General health aspects, injury prevention, first aid and emergency management, diagnosis, treatment, rehabilitation, and return to play are all addressed, with presentation of practical recommendations throughout. All medical disciplines with relevance for athletes - from psychological aspects to dermatological issues - are as well as main pathologies, overuse injuries and indications for surgical treatment of all certain parts of the musculoskeletal system, covered. Key features include a clear structure, short chapters in protocol format, and the inclusion of helpful checklists and tips and tricks for a quick and in-depth overview. Detailed attention is paid both to the medical care, specific to injuries of different parts of the body, and to special considerations relating to individual sports. Among the sport disciplines team sports, athletics, winter sports, track and field, martial arts, motor sports and cycling, extreme sports, swimming and water sports, racket sports, other IOC sports, and Paralympic sports are covered. Due to raising population of certain modern non-IOC sports, e.g. E-Sports, beach sports, flying sports and canyoning, and paltry medical information in this disciplines we put a focus on them. The book is a collaborative work from the newly created ESSKA section European Sports Medicine Associates (ESMA), which brings together the various disciplines of sports medicine. It will be an ideal resource and decision-making tool for doctors, athletes, coaches, and physiotherapists.
