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Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Nota di contenuto	Chapter 1. Meniscus allografts: how to improve clinical results, limit chondral degeneration? -- Chapter 2. First-Time Patellar Dislocation: a Modern Treatment Strategy Patellar height as a factor -- Chapter 3. Operative Techniques Kinematic alignment -- Chapter 4. Medial opening wedge high tibial osteotomy -- Chapter 5. "Reverse arthroplasty VS other options" - Cases examples -- Chapter 6. How to avoid complications in hip arthroscopy -- Chapter 7. State of the art in ankle ligament surgery Repair vs. reconstruction. How to choose? -- Chapter 8. Mind your head -- Chapter 9. All the secrets of elbow instability -- Chapter 10. Basics of 2D Planning in Total Knee Replacement -- Chapter 11. Minimally invasive osteotomies around the knee -- Chapter 12. ACL Reconstruction using a flat Quadriceps Tendon graft without bone block -- Chapter 13. Void Filler in opening wedge osteotomies around the knee -- Chapter 14. Mobile-bearing

Unis -- Chapter 15. Reconstructions with tibial slings. When and How? -- Chapter 16. Arthroscopic Capsulolabral Repair -- Chapter 17. Managing Cam FAI – Intermediate Hip Arthroscopy -- Chapter 18. An Update on Ankle Arthroscopy: Current Evidence and Practical Recommendations for 2020 -- Chapter 19. ACL injury: Where are we now? Is prevention the key for all sports? -- Chapter 20. Allograft: biology, mechanics, integration, outcomes (with arthroscopy and cartilage committee according to the European Allograft Initiative) -- Chapter 21. Surgical technique: what we would do in different situations - graft choice, one or two steps, fixation, associated lesions -- Chapter 22. Cell-Free Biomaterials – Indications And Borders -- Chapter 23. The rationale for using navigation for revision total knee arthroplasty -- Chapter 24. Pearls, Pitfalls and Complications (MPFL reconstruction) -- Chapter 25. What to do if it goes wrong? Solutions after failure -- Chapter 26. Advanced Hip arthroscopy: What's new? -- Chapter 27. Platt's Syndrome: A Nerve Complication Associated with Ligament Injuries -- Chapter 28. Biologic Therapies In Orthopaedics And Sports Medicine -- Chapter 29. ARIF (Arthroscopic Reduction and Internal Fixation) around the Elbow -- Chapter 30. Intraarticular Osteotomies after Tibial Head Fractures -- Chapter 31. Preoperative planning -- Chapter 32. Inlay Patellofemoral Arthroplasty -- Chapter 33. Conservative Treatment Approaches of Patellar and Achilles Tendinopathies -- Chapter 34. Tendinopathy: From Basic Science to Return to Play.

Sommario/riassunto

This book, comprising the Instructional Course Lectures delivered at the 19th ESSKA Congress in Milan in 2021, provides an excellent update on current scientific and clinical knowledge in the field of orthopaedics and sports traumatology. It addresses a variety of interesting and controversial topics relating to the shoulder, elbow, hip, knee and foot, all of which are highly relevant to orthopaedic surgeons' daily practice. Featuring contributions written by leading experts from around the globe, it enables readers to gain a better understanding of pathologies, which in turn can lead to more individualized treatments for patients. The book is of interest to clinicians and researchers alike.
