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Autore	Lesch Otto-Michael
Titolo	Alcohol and Tobacco : Medical and Sociological Aspects of Use, Abuse and Addiction // by Otto-Michael Lesch, Henriette Walter, Christian Wetschka, Michie N. Hesselbrock, Victor Hesselbrock, Samuel Pombo
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Nota di contenuto	1. Information on the origination of the book -- 2. Addiction- a widespread disease -- 3. Aetiology of Addiction -- 4. Prevention strategies -- 5. Diagnosis of abuse and addiction -- 6. Types, dimensions and aetiology -- 7. Motives for alcohol and/or tobacco addicted patients to seek medical help -- 8. The diagnosis of alcohol and tobacco addiction -- 9. Therapeutic strategies for alcohol and tobacco dependence -- 10. Sociotherapy of alcohol and tobacco dependents with regards to Lesch's typology -- Appendixes.
Sommario/riassunto	This updated and revised second edition of "Alcohol and Tobacco" reflects the new ICD 11 and DSM V classifications and provides comprehensive descriptions of new therapeutic approaches, outlining the different interactions between personality, environment and the effects of the respective substance. In addition to new data on

prevention-based therapies, especially for smoking addiction, the book also presents essential psychological and sociological strategies, and medication-based therapies. Particular attention is given to new medications and new compounds for e-cigarettes, while a broad overview of the American and European epidemiology of alcohol and nicotine addictions rounds out the coverage. Given the breadth and depth of its coverage, the book will appeal to a wide readership, from professionals to researchers and students.
