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Titolo	Handbook of Cultural Factors in Behavioral Health : A Guide for the Helping Professional // edited by Lorraine T. Benuto, Frances R. Gonzalez, Jonathan Singer
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ISBN	3-030-32229-7
Edizione	[1st ed. 2020.]
Descrizione fisica	1 online resource (450 pages)
Disciplina	616.89
Soggetti	Health psychology Social service Psychotherapy Counseling Health Psychology Social Work and Community Development Psychotherapy and Counseling
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	An Introduction -- A historical perspective on service delivery with culturally diverse clients -- The elusive construct of cultural competency -- Cultural sensitivity in regard to behavioral health -- Ethical guidelines for working with culturally diverse clients -- Epidemiological considerations when working with culturally diverse clients -- Using empirically supported assessments with cultural minority clients: are they effective? -- The Diagnostic and Statistical Manual V: is it minority friendly? -- Friend or foe: using empirically supported treatments with cultural minority clients -- To adapt or not to adapt? Considering cultural adaptations for ethnic minority clients -- Early Phases of Treatment -- Common factors: cultural considerations in establishing rapport.-Gathering information: cultural considerations when conducting intakes -- Cultural considerations in assessment -- Cultural Groups .-Behavioral health service delivery with African Americans -- Behavioral health service delivery with Asian Americans

-- Behavioral health service delivery with Pacific Islanders -- Behavioral health service delivery with Latinos -- Behavioral health service delivery with Native Americans -- Behavioral health service delivery with LGBT populations -- Behavioral health service delivery with Muslim clients -- Behavioral health service delivery with Jewish clients -- Behavioral health service delivery with military populations -- Behavioral health service delivery with immigrants -- Behavioral health service delivery with disabled clients -- Cultural Considerations -- Generalized anxiety disorder -- Trauma-related disorders -- Social anxiety -- Panic disorder -- Obsessive compulsive disorder -- Chronic pain -- Depression -- Sleep disturbances -- Eating disorders -- Sexual dysfunction -- Schizophrenia -- Substance-related disorders -- Behavioral problems in children -- Relationship problems -- Family caregivers -- Becoming a Culturally Competent Practitioner .-Issues related to training -- Becoming aware -- What you need to know to be culturally competent -- What are culturally competent clinical skills? .

Sommario/riassunto

Having the knowledge and capacity to deliver therapy to a diverse population is recognized as benefiting client-therapist relationships and producing positive clinical outcomes. In fact, the APA requires that psychologists be aware of and respect the cultural characteristics of their clients which includes psychologists being aware of any biases and prejudice they may hold. Being aware of cultural characteristics, which include age, gender, ethnicity, race, religion and other cultural factors, is important. In the United States, minority ethnic groups are growing substantially, with 28% of the U.S. population identifying as races other than white (U.S. Census, 2016). Additionally, approximately 65 million people in America speak a foreign language that is not English, with over 25 million people having limited English language proficiency. With a diverse pool of clients, helping professionals should be better prepared to work with diverse clients. This handbook offers clinicians a comprehensive resource with which to work with diverse populations. The myriad discussions among the chapters include: Ethical guidelines for working with culturally diverse clients Cultural considerations in psychological assessment and evaluation Behavioral health service delivery with culturally diverse clients Cross-cultural factors in the treatment of trauma related disorders Cultural considerations in the assessment and behavioral treatment of substance use disorders Handbook of Cultural Factors in Behavioral Health expertly offers clinicians a comprehensive set of resources and tools that will assist them working with diverse clients. Clinicians working with culturally diverse clients, as well as researchers and students learning about how cultural factors are relevant to the helping profession will all find this volume an integral addition to their library.
