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Nota di contenuto	1. An Introduction to Women's Mental Health -- 2. Those We Should Remember: The Pioneers of Mother-Infant Psychiatry -- 3. Epidemiology of Psychiatric Disorders in Women. - 4. Psychometric Instruments and Women's Mental Health -- 5. Schizophrenia in Women -- 6. Bipolar Disorder in Women: Menstrual Cycle, Perinatal Period, and Menopause Transition -- 7. Premenstrual Dysphoric Disorder -- 8. Depressive and Cognitive Disorders in Climacteric Women -- 9. Anxiety Disorders in Women -- 10. Obsessive-Compulsive Disorder in Women -- 11. Trauma and Stressor Related Disorders in Women -- 12. Sexual Dysfunctions and Gender Dysphoria in Women.-13. Eating Disorders and Personality Disorders in Women -- 14. Alcohol and Substance Use Disorders in Women -- 15. Attention-Deficit/Hyperactivity Disorder and Women -- 16. Suicide and Suicidality in Women -- 17. Psychopharmacology and Women -- 18. Medical Conditions Affecting Women's Mental Health -- 19. Diet, Nutrition and Women's Mental Health -- 20. Assisted Reproduction: General Concepts and Psychological Aspects Involved -- 21. Violence and Women's Mental Health -- 22. Neuroimaging Research in Women's Mental Health: Current Research and Emerging Trends in Women and Transgender Women's Psychiatry and Mental Health -- 23. Telehealth and Women's Perinatal Mental Health -- 24. Maternal Mental Health and Peripartum

Depression -- 25. Psychopharmacology in Pregnancy and Lactation -- 26. FDA Rules for Pregnancy and Lactation Labeling and Their Clinical Implications -- 27. Critical Assessment of Observational Studies and Shared Decision Making in Perinatal Psychiatry.

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## Sommario/riassunto

There is an increasing focus on medical studies related to differences between men and women, and women's mental health stands out as one of the most important fields where sex-based differences are being investigated. Overall, studies show an existence of important sex-specific differences in several aspects of psychiatric disorders such as etiology, epidemiology, clinical presentation and therapeutics. In this book, recognized experts present the current state of knowledge on this topic, providing a reliable, accurate and comprehensive clinical guide to women's mental health. The book will steer clear of an in-depth discussion of genetics and sex-based differences to focus quickly and narrowly on how best to diagnose and treat psychiatric disorders in women, thereby offering a targeted and practical guide for clinicians. It is intended to serve a broad audience -- including psychiatrists, psychologists, family physicians, obstetricians, gynecologists, nurses, social workers and other medical and mental health providers with an interest in women's mental health. *Women's Mental Health: A Clinical and Evidence-Based Guide* will be fully evidence-based and will present chapters authored by distinguished leaders with extensive experience and clinical wisdom in this area. It offers psychiatrists, psychologists, family physicians, obstetricians, gynecologists, nurses, social workers and other medical and mental health providers a valuable source of information to enhance their clinical practice.

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