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Titolo	Nursing Older People with Arthritis and other Rheumatological Conditions // edited by Sarah Ryan
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Nota di contenuto	Foreword -- Preface -- Chapter 1: Osteoarthritis -- Chapter 2: Rheumatoid Arthritis -- Chapter 3: Gout -- Chapter 4. Polymyalgia Rheumatica -- Chapter 5: Osteoporosis and falls -- Chapter 6: Managing Fatigue -- Chapter 7: Pain Management -- Chapter 8: Psychological and social impact of arthritis -- Chapter 9: Drug Therapy -- Chapter 10: Optimising Function -- Chapter 11: Self Management -- Chapter 12: The foot -- Summary of the main points for learning -- Suggested further study -- References.
Sommario/riassunto	This book provides a comprehensive and practical overview of the knowledge required for the assessment and management of the older adult with arthritis and other rheumatological conditions. This book equips nurses and allied health professionals with the knowledge and skills to undertake a comprehensive holistic assessment to identify the physical, psychological and social impact of living with arthritis. It informs them on osteoarthritis, a leading cause of pain and disability in 10-15% of all adults over the age of 60. Polymyalgia rheumatic can prove challenging for the clinician to manage, whilst rheumatoid arthritis and gout, (two other inflammatory conditions) also have a substantial global burden. This book informs nurses and allied health

professionals on to manage these conditions, as well as the symptoms of fatigue, pain and mood and how patients can be supported to engage in Self-Management. The pharmacological and non pharmacological approach to management is discussed in depth including the role of medications and exercise. The impact of arthritis on a person's ability to engage in their day to day activities and social participation is also explored. .

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