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Sommario/riassunto	Monografijoje nagrinejama ikimokyklinio amžiaus kulturine vaiko raida ir siekiama aptarti vaiko menamo zaidimo ir savireguliacijos bendro zaidimo metu sasajas. Teoriniu lygmeniu analizuojami svarbiausi kulturines-istorines psichologijos pagrindu pletojamos zaidimo teorijos aspektai ir suformuluojami pagrindiniai savireguliacijos formavimosi zaidybinese veikloje principai. Praktiniu lygmeniu pateikiama tyreju sukurta naratyvinio zaidimo programa ir jos pagrindu atliktu intervenciju rezultatai. Tyrimo rezultatai leidzia teigti, kad isvystytas ir kokybiskai auksto lygmens zaidimas sudaro prielaidas savireguliacijos vystymuisi. The idea to write this book primarily came from our intention to share what we have discovered about one of the greatest childhood miracles - play. For a number of years we have explored this phenomenon, yet its profound and extraordinary nature still continues to surprise us. Promotes development and, at the same time, is the greatest achievement of the child. Keeping this in mind, we designed our monograph for a few purposes. First, we wanted to present the results of the three-year project "Development of Self-Regulation in Play" attained in play research laboratory of the Lithuanian University of Educational Sciences. Second, we sought for the first time to discuss in Lithuanian language the theory of play based on cultural - historical psychology. Our objective was to formulate and present the key

principles of the development of self-regulation through play activities. Finally, we aimed to describe the steps of practical use of joint (adult-child) play activities that help a child to develop a self-regulatory behavior during play.
